

VALUABLE BENEFITS

Strengthens the connection
between family and school

Provides comprehensive health
care where children spend
most of their day

Decreases time away from
work for parents

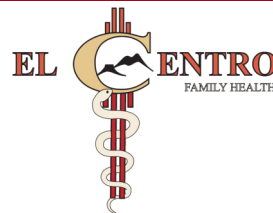
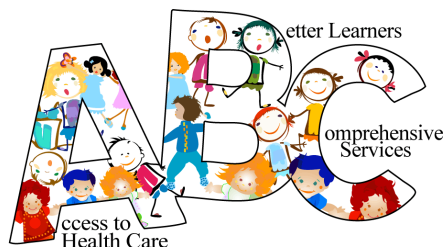
Supports positive educational
and health development

Builds foundation for lifelong
mental health and wellness

Promotes healthy choices and
personal responsibility

Creates healthier
school environments

Inspires future career choices



**El Centro
Family Health**

ecfh.org

**CONTACT YOUR
SCHOOL HEALTH CENTER**

Walk-Ins welcome

call / txt

505.929.1636

Española Valley High School

**Monday, Wednesday, Friday
7:30am - 4:00pm**

Carlos Vigil Middle School

**Tuesday & Thursday
7:30am - 4:00pm**

**Affordable, Accessible, Quality
Healthcare in Northern New Mexico**

**School
Health
Center**

Española Schools



**Mon, Wed, Fri 7:30am - 4pm EVHS
Tues & Thurs 7:30am - 4pm CVMS**

**walk-in or call/txt
505.929.1636**

School - Based Health Care

WHAT

services are provided?

Anything you go
to the Dr. for!

Routine check-ups, Sports physicals

Acute injuries or illnesses

Immunizations

Nutrition Counseling

Weight Management

Asthma Services

Mental Health Counseling

Healthy Relationships

WHO

can use the

School Health Center?

All students

All district faculty &
staff members

Team Approach to Health Care



Healthy programs for students are managed by certified community health workers. These programs can help needy students with food assistance, housing assistance, transportation, care coordination, nutrition and fitness.



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