

9/2/2020

	Day	Volleyball	XC	Softball	Girls' Basketball	Golf	Football	Boys' Basketball	Wrestling	Tennis	Baseball	Cheer	Track
Location		Track/Gym	Track	Softball Field	HS Gym	Black Mesa Golf Course	Football Field	HS Gym	Track/HS Gym	Tennis Courts	Baseball Field	Track	Track/Weight Room
	Monday	4:00p - 5:30p	4:00p - 5:00p								3:30p - 5:00p		3:30p - 5:00p
	Tuesday	4:00p - 5:30p	4:00p - 5:00p	4:00p - 5:00p						4:00p - 6:00p	3:30p - 5:00p	5:45p - 8:30p	3:30p - 5:00p
	Wednesday	4:00p - 5:30p	4:00p - 5:00p	4:00p - 5:00p		3:30p - 5:00p				4:00p - 6:00p	3:30p - 5:00p		3:30p - 5:00p
	Thursday	4:00p - 5:30p	4:00p - 5:00p	4:00p - 5:00p		3:30p - 5:00p				4:00p - 6:00p	3:30p - 5:00p	5:45p - 8:30p	3:30p - 5:00p
	Friday		4:00p - 5:00p			3:30p - 5:00p							3:30p - 5:00p
	Saturday												
	Sunday												

\* Volleyball, Cross Country, Golf, & Track will start week of 9-8-2020

\*\*Tennis, Baseball, & Cheer will start workouts week of 9-14-2020

\*\*\*Softball will begin workouts week of 9-22-2020

\*\*\*\*Basketball (Girls and Boys), Football, & Wrestling may NOT workout at this time. They will go to their secondary sport.